

Programme Code: TU936/Y1 & TU736/Y1

Shared with: n/a

Module Code: PHYS H1008

CRN:32321

**TECHNOLOGICAL UNIVERSITY DUBLIN  
TALLAGHT CAMPUS**

---

TU936 & TU736

BSc in Sports Science & Health

**Year 1**

---

SEMESTER 2  
EXAMINATIONS 2024/25

---

**Principles of Physics**

**Internal Examiner:**

Dr Eugene Hickey

**External Examiner:**

***Exam Duration:***

Two hours in duration

***Instructions:***

Answer question one and any other two questions.

Formula Sheet at end of exam paper.

**Question 1 (Compulsory)**

**(40 marks)**

**Answer any ten from the following sixteen parts. Each part is worth four marks**

- a) Express 23000J in scientific notation.
- b) Convert  $90\mu\text{J}$  to mJ.
- c) Convert  $7800\text{cm}^3$  to Litres.
- d) What is the SI unit for work?
- e) Fat has a density of  $0.910\text{g/cm}^3$ . Express this density in  $\text{kg/m}^3$ .
- f) A bungee jumper falls 116m from rest in a time of 5.2s. Calculate the acceleration of the diver as they fall.
- g) During a traffic accident, a van of mass 3800kg collides with a stationary car of mass 1100kg. After impact the van and car stick together and move with a speed of 11m/s. Calculate the speed of the van before impact.
- h) A football has a coefficient of restitution (COR) of 0.63. if it is dropped from a height of 1.4m, how high does it rebound?
- i) What is the role of ADP to ATP conversion within energy processes in the body?
- j) A discus rotates with a speed of 9.8Hz. Calculate the angular velocity in rads/s.
- k) A seesaw is perfectly balanced when a child of 24kg sits 1.5m from the pivot and an adult sits 0.45m from the pivot on the far side. Calculate the mass of the adult.
- l) A hammer thrower rotates his arm at  $25\text{rad/s}$ . The length of his arm plus hammer is 1.95m. The mass of the hammer is 4kg. Calculate the centripetal force of the rotating hammer.
- m) Calculate the moment of inertia of a medicine ball of weight 8kg and radius 17cm. The medicine ball is hollow with all its mass on the outer surface.
- n) Calculate the magnitude of the vector  $\vec{A} = \vec{x} - 3\vec{y}$ .
- o) Calculate the dot product,  $\vec{A} \cdot \vec{B}$ , of the two vectors  $\vec{A} = 4\vec{x} - 2\vec{y} + \vec{z}$  and  $\vec{B} = -\vec{x} + 2\vec{y} + \vec{z}$ .
- p) Calculate the cross product,  $\vec{A} \times \vec{B}$ , of the two vectors  $\vec{A} = \vec{x} - 3\vec{y} - 2\vec{z}$  and  $\vec{B} = 2\vec{x} + 3\vec{y} + \vec{z}$ .

**Question 2**

**(30 marks)**

- a) What is meant by power? (4 marks)
- b) What are the units for power? (4 marks)
- c) Is power a vector or a scalar? (3 marks)
- d) During a race, a runner accelerates smoothly from 4m/s to 7m/s over a distance of 53m.
  - i) Show that their acceleration is  $0.311\text{m/s}^2$  (4 marks)
  - ii) Show that the time taken to change their velocity is 9.64s. (4 marks)
  - iii) If the runner has a mass of 55kg, show that the force they must apply to accelerate is 17.12N. (3 marks)
  - iv) Show that the work done to accelerate is 907.5J. (4 marks)
  - v) Calculate the power output from the runner during the acceleration. (4 marks)

**Question 3**

**(30 marks)**

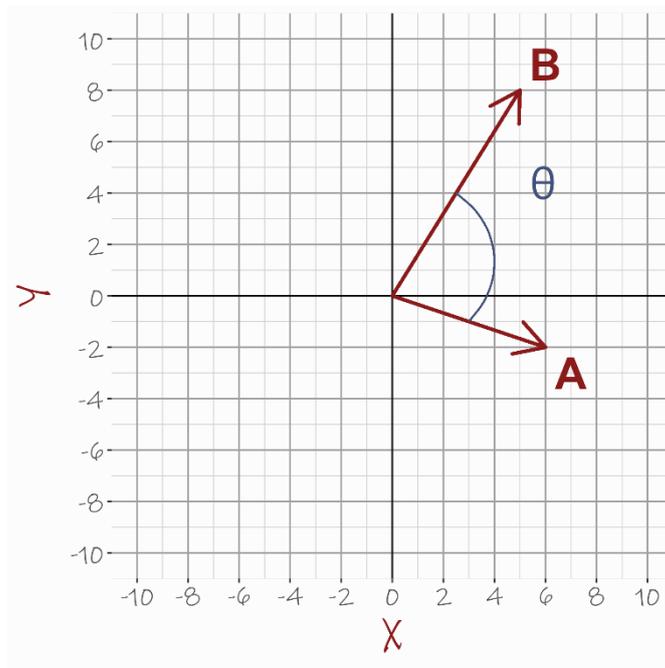
- a) What is meant by moment of inertia of a body? (3 marks)
- b) What is meant by *torque*? (3 marks)
- c) A cyclist accelerates from 6m/s to 10m/s during a sprint. The acceleration takes 6s. The bicycle wheel radius is 0.622m and a mass of 0.8kg
  - i) Calculate the acceleration of the bicycle during the 6s. (3 marks)
  - ii) How far does the bicycle travel during the 6s? (3 marks)
  - iii) Show that the initial angular velocity of the bicycle wheel when it is travelling at 6m/s is  $9.65\text{rad/s}$  (3 marks)
  - iv) Show that the final angular velocity of the bicycle wheel when it is travelling at 10m/s is  $16.08\text{rad/s}$  (3 marks)
  - v) Show that the angular acceleration of the bicycle wheel during the 6s is  $1.07\text{rad/s}^2$ . (3 marks)
  - vi) Show that the moment of inertia of the bicycle wheel is  $0.310\text{kgm}^2$ . (3 marks)
  - vii) Calculate the necessary torque applied to the bicycle wheel to cause the angular acceleration. (3 marks)
  - viii) If the cycle pedal is 0.12m long, and assuming 90% of the cyclist's torque gets applied to the wheels, what is the force applied by the rider to the pedal? (3 marks)

**Question 4**

**(30 marks)**

- a) Explain the difference between a vector and a scalar. (3 marks)
- b) Which of the following are vectors and which are scalars? (6 marks)
- i) Power
  - ii) Force
  - iii) Velocity
  - iv) Acceleration
  - v) Time
  - vi) Coefficient of friction
  - vii) Temperature
  - viii) Altitude
  - ix) Angular velocity
  - x) Torque
  - xi) Pressure
  - xii) Frequency

d) For the two vectors shown below:



- i) Calculate their components,  $A_x$ ,  $A_y$ ,  $B_x$ , and  $B_y$ . (3 marks)
- ii) Calculate their dot product,  $\vec{A} \cdot \vec{B}$ . (3 marks)
- iii) Calculate the magnitude of  $\vec{A}$  (3 marks)
- iv) Calculate the magnitude of  $\vec{B}$ . (3 marks)
- v) Calculate the cosine of the angle between  $\vec{A}$  and  $\vec{B}$ . (3 marks)
- vi) Calculate the angle,  $\theta$ , between  $\vec{A}$  and  $\vec{B}$ . (3 marks)
- vii) Calculate the size and direction of the cross product,  $\vec{A} \times \vec{B}$  (3 marks)

### Useful Equations & Constants

Density = mass / volume

$$v = v_0 + at$$

$$s = v_0t + \frac{1}{2} at^2$$

$$v^2 = v_0^2 + 2as$$

$$s = (v + v_0)t/2$$

$$p = mv$$

$$W = mg$$

$$F_{\text{fric}} = \mu F_{\text{reac}} = \mu mg$$

$$\text{P.E.} = mgh$$

$$\text{K.E.} = \frac{1}{2} mv^2$$

$$\text{COR} = \frac{v_{A_{\text{final}}} - v_{B_{\text{final}}}}{v_{A_{\text{initial}}} - v_{B_{\text{initial}}}}$$

$$\text{COR} = \sqrt{\frac{\text{bounce height}}{\text{drop height}}}$$

$$\omega = 2\pi f$$

$$T = 1/f$$

$$v = \omega r$$

$$a = v\omega = \omega^2 r = v^2/r$$

$$T = F d$$

$$\omega = \omega_0 + \alpha t$$

$$\theta = \omega_0 t + \frac{1}{2} \alpha t^2$$

$$\omega^2 = \omega_0^2 + 2\alpha\theta$$

$$\theta = (\omega + \omega_0)t/2$$

$$L = I \omega$$

$$T = I \alpha$$

$$I_{\text{disc}} = \frac{1}{2} MR^2$$

$$I_{\text{ball}} = \frac{2}{5} MR^2$$

$$\text{RKE} = \frac{1}{2} I \omega^2$$

$$\vec{A} \cdot \vec{B} = A_x B_x + A_y B_y$$

$$\vec{A} \cdot \vec{B} = |\vec{A}| |\vec{B}| \cos\theta$$

$$\vec{A} \times \vec{B} = (A_y B_z - A_z B_y) \vec{x} \\ + (A_z B_x - A_x B_z) \vec{y} \\ + (A_x B_y - A_y B_x) \vec{z}$$

$$g = 9.81 \text{ m/s}^2$$

$$1 \text{ calorie} = 4184 \text{ J}$$

Energy production: 21kJ / L of O<sub>2</sub>